



FASTING FORMULA

BioActive Broth-Based Peptides

Fuel your fast with purpose. Fasting Formula is a clean, collagen-rich protein designed to support metabolic health, gut repair, and cellular renewal—without breaking your fasted state. With beef isolate, bone broth peptides, and eggshell membrane collagen, this formula delivers targeted amino acids and tissue-building compounds that complement autophagy and ketone production during intermittent or prolonged fasting. Designed to be gentle on digestion and low in carbs and calories, it supports gut lining integrity, muscle preservation, and detox pathways—making it the ideal partner for metabolic resets, mitochondrial health, and deep tissue repair.

Support fasting benefits. Preserve muscle. Heal your gut.†



Maintain
Fasted State*



Support
Gut Repair*



Preserve
Muscle Mass*



Promote
Joint Health*



Enhance Autophagy
& Ketosis*

THE KHS DIFFERENCE

- ✓ **Fasting-Compatible**
Minimal insulin response maintains metabolic benefits
- ✓ **Gut-Healing Collagen + Bone Broth**
Building blocks for intestinal repair
- ✓ **NEM® Clinically Studied Joint Support**
Eggshell membrane collagen
- ✓ **Low Carb, Low Calorie**
Designed not to disrupt autophagy
- ✓ **Practitioner-Exclusive Fasting Formula**
Engineered for therapeutic fasting protocols

HOW TO USE

Mix 1 scoop with 8-12 oz of water or unsweetened beverage. Can be used during fasting windows or to break a fast gently. Use daily during fasting protocols or as directed by your qualified healthcare practitioner.

DIETARY RESTRICTIONS

Gluten-Free, Dairy-Free, Soy-Free, Keto-Friendly

Supplement Facts

Serving Size 1 Scoop (23.5g)
Servings Per Container About 20

	Amount Per Serving	% Daily Value
Calories	90	
Protein	20 g	
Calcium**	70 mg	5%
Sodium**	130 mg	6%
Potassium**	150 mg	3%

Fasting Protein Blend 23.5 g +
Beef Bone Broth Protein Isolate, Chicken Bone Broth Protein Concentrate, Hydrolyzed Bovine Hide Collagen Peptides, Hydrolyzed Eggshell Membrane Collagen

* Percent Daily Value is based on a 2,000 calorie diet

+ Daily Value not established

** Naturally Occurring

Contains: Egg

Manufactured for:

KHS
KINGDOM HEALTH SCIENCES

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Kingdom Health Sciences
Nourish the Cell to Get Well™
Practitioner Use Only

WARNINGS: If you are pregnant, lactating, taking any medication, or have any medical condition, consult your healthcare practitioner before use. Not intended for children. **Keep out of reach of children.** Do not use if seal is broken or missing. For optimal storage conditions, store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.