



# MEGA MULTI FOR MEN

## Male Optimization Through Systems Integration

Men don't just need vitamins—they need formulas that support how their bodies actually perform under modern stressors. This comprehensive men's multi delivers full-spectrum vitamins and minerals from organic plants, functional mushrooms, and regeneratively raised organs. With daily doses of 18 essential nutrients at 100%+ DV, plus clinically studied KSM-66® Ashwagandha (27% cortisol reduction) and Shilajit (84+ minerals for cellular energy), it supports energy metabolism, testosterone balance, immune strength, and physical stamina. Bioavailable. Biologically familiar. Body-ready.

*One formula. Complete male vitality.<sup>†</sup>*



Boost Energy & Stamina\*



Support Healthy Testosterone\*



Enhance Recovery\*



Strengthen Immune Function\*



Promote Heart Health\*

## THE KHS DIFFERENCE

- ✓ **18 Essential Nutrients at 100%+ DV**  
From whole-food MEGA Nutrient Blend
- ✓ **KSM-66® Ashwagandha**  
Clinically proven stress-testosterone-performance support
- ✓ **Shilajit Extract**  
84+ bioavailable minerals plus fulvic acid for mitochondrial energy
- ✓ **Regenerative Organic Organ Peptides**  
Liver, heart, kidney for male physiology
- ✓ **Medicinal Mushroom Blend**  
Cordyceps, reishi, lion's mane for adaptogenic support
- ✓ **Practitioner-Exclusive**  
Replaces multiple bottles with one comprehensive formula

## HOW TO USE

Take 3 tablets once per day, or as directed by your healthcare provider.

## DIETARY RESTRICTIONS

Gluten-Free, Soy-Free

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene from MEGA Nutrient Blend)	900 mcg RAE	100%
Vitamin C (from MEGA Nutrient Blend)	110 mg	122%
Vitamin D (as Cholecalciferol)	30 mcg	150%
Vitamin E (from MEGA Nutrient Blend)	30 mg	200%
Vitamin K* (as Fermented Phytanodione)	130 mcg	108%
Thiamin (from MEGA Nutrient Blend)	2.2 mg	183%
Riboflavin (from MEGA Nutrient Blend)	2 mg	154%
Niacin* (from MEGA Nutrient Blend)	18.5 mg	116%
Vitamin B6* (from MEGA Nutrient Blend)	10 mg	588%
Folate (from MEGA Nutrient Blend)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	15 mcg	625%
Biotin (from MEGA Nutrient Blend)	150 mcg	500%
Pantothenic Acid* (from MEGA Nutrient Blend)	8 mg	160%
Iron**	3.2 mg	18%
Iodine**	150 mcg	100%
Zinc** (from MEGA Nutrient Blend)	15 mg	136%
Selenium (from MEGA Nutrient Blend)	72 mcg	131%
Manganese**	2.3 mg	100%
Chromium**	71 mcg	203%
Vitamin K2 (as menaquinone-7)	45 mcg	+
<b>MEGA Nutrient Blend</b>	3.9 g	+
Organic Beet Root, Regenerative Organic Certified® Bovine Liver, Organic Ashwagandha Root Extract (KSM-66®), Organic Spirulina, Organic Amla Fruit Extract, Organic <i>Cordyceps militaris</i> Mushroom Extract, Organic Reishi Mushroom Extract, Organic Lion's Mane ( <i>Hericium erinaceus</i> ) Mushroom Extract, Shilajit Extract, Organic Guava Leaf Extract, Organic Annatto Seed Extract, Organic Lemon Fruit Extract, Organic Holy Basil Leaf Extract, Organic <i>Sesbania grandiflora</i> Leaf Extract, Organic Sunflower Seed Oil, Organic Mustard Seed Extract, Regenerative Organic Certified® Bovine Heart, Regenerative Organic Certified® Bovine Kidney		

\* Daily Value not established

Other ingredients: Organic *Copernicia cerifera* wax, organic gum arabic, organic agave fiber, organic cassava (*Manihot esculenta*) root, organic rice hull concentrate, organic glycerin, organic sunflower lecithin, organic guar gum

\*\* Fermented Nutrient from Organic *Saccharomyces cerevisiae*

\*\* VerdeMins™ Peptide Powered Mineral with Organic Spirulina

Manufactured for:



Kingdom Health Sciences  
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**Kingdom Health Sciences**  
Nourish the Cell to Get Well™  
Practitioner Use Only

**WARNINGS:** If you are pregnant, lactating, taking any medication, or have any medical condition, consult your healthcare practitioner before use. Not intended for children. **Keep out of reach of children.** Do not use if seal is broken or missing. For optimal storage conditions, store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.